

Moroccan Potato Cakes

Maakouda Batata

Season: Any

Type: Moroccan/Side dish

Difficulty: 🧑‍🍳

Serves: 6

Fresh from the garden: Potatoes, onion, garlic, coriander



Equipment:	Ingredients:
Large saucepan	1 kg potatoes (about 5 medium)
Strainer	3 spring onions onion, finely chopped
Non stick frying pan	1 to 2 tablespoons butter
Knives	3 or 4 cloves garlic, crushed
Chopping boards	1 ½ Tblsp cumin
Large bowl	2 tsp salt
Measuring cups and spoons	½ tsp pepper, or more to taste
Wooden spoon	1 tsp turmeric (optional)
Egg flip	¼ cup chopped coriander
Plate	2 eggs, beaten
Paper towel	olive oil, for frying

Method:

- Peel the potatoes, cut into large cubes and place in a pot. Cover with water, and boil just until a sharp knife can be inserted halfway through the potatoes.
- Drain the potatoes and mash.
- Melt the butter in a small frying pan. Add the onions, and sauté them gently over medium-low heat for about 10 minutes, or until translucent. Add the garlic and sauté just a minute more, stirring constantly. Remove from the heat.
- Gently mix in the spices, onions, garlic and coriander into the potato. Stir in enough of the eggs to bind the potatoes, but not so much that there is excess egg in the bottom of the bowl.
- Shape the potato mixture into cakes about 5cm in diameter.
- Heat enough olive oil to generously cover the bottom of a non stick frying pan. Add the potato cakes, and cook slowly over medium heat, about 10 minutes per side, until deep golden brown.
- Serve the *maakouda* warm.

NOTES:

Maakouda batata are Moroccan potato cakes or fritters. They're a popular street food in Morocco, where they might be eaten plain or used as a sandwich filler. They can also be served as an appetizer or as a side.

Sauté – Is a French word which means “jump”. It refers to the light frying of food. When chefs shake the pan and toss, the food jumps, hence the name.